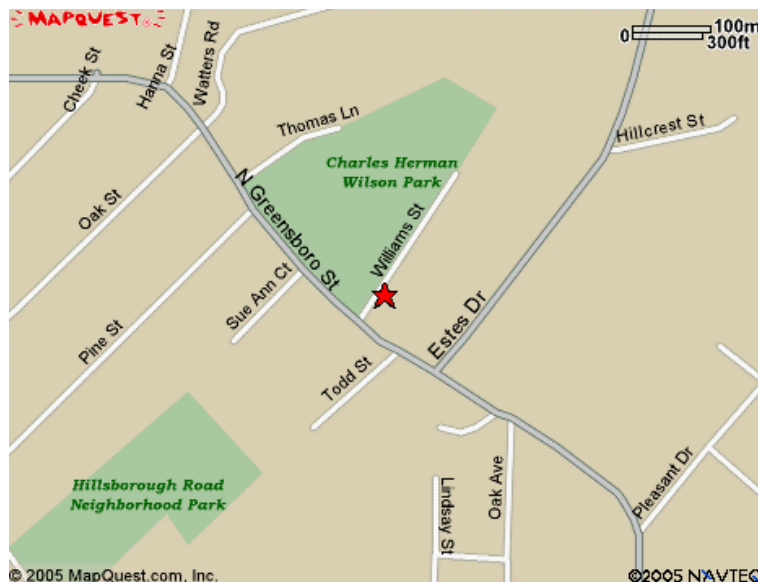


Carrboro Day Bolin Creekside Sunday May 6th 2007

Bolin Creek Activities meet at Wilson Park, Williams Street. Town commons activities start at 1:00. The Homestead Hike group meeting area TBA.

<u>Time</u>	<u>Experience</u>	<u>Guide</u>
7:30 a.m.	<u>Birding</u> (2-3 hours)	Tom Driscoll, New Hope Audubon Society
10:00 a.m.	<u>Geo-Hike</u>	Rob Greenberg, Geologist, Chapel Hill High School
1:00	<u>Bolin Bike Hike</u>	Stewart Bryan, TORC
3:00	<u>Carrboro "Land" run</u>	Trailheads (4-5 miles)



Carrboro Day Bolin Creek Events

Bird Walk Leader: Tom Driscoll/New Hope Audubon Society

7:30 am Meet at Wilson Park.

Spring is an excellent time to observe birds as it is nesting season. We will look for our resident birds who will be nesting and looking for migrants passing through the area. Beginners are welcome. Bring binoculars and good walking/hiking shoes. The trail will be easy. We will leave from the parking lot, walk through the Adam's Tract, and along Bolin Creek.

Geo Hike Leader: Rob Greenberg/Geologist-Chapel Hill High School

10 - 11 am Meet at Wilson Park

A Geo hike through the Bolin Creek woodlands with rock hammers in hand. Participants will learn about the geologic history of the Chapel Hill area and how geology informs sound decision-making.

Carrboro Day Bolin Bike Hike

Leader: Stewart Bryan, TORC

1:00 pm Meet at Wilson Park

Triangle Off Road Cyclists(TORC) is the local mountain biking advocacy group working to improve bike access and build sustainable fun to ride trail. Members of TORC will host a trail ride and skills session at 1:00 at Wilson Park. Improve your bike handling skills or learn to ride over a log or on a skinny before heading out on the trail to test your new skills. Plan to ride for an hour and a half so bring some water and you will have to wear a helmet. If need be we can divide into different pace groups but TORC will "Leave no rider behind".

Questions? Contact Stewart - buildtrail@gmail.com

TORC - www.torc-nc.org "Building,Promoting,Maintaining"

Tom Fowler Memorial Trail Run!

Leader: Trail Heads

3:00 pm Wilson Park, by the tennis courts.

The Trail Heads, a loosely-organized and fun-loving local running club (www.trailheads.org), hope that you will join us for a guided jaunt on some of the more mysterious, single-track trails along the Bolin Creek corridor.

We'll course along Catapult Canyon, Nader Valley, JungleLand, and the Perimeter Trails at a happy and social pace.

You can expect some gnarly and technical terrain, several nice hills (which are good for you), and casual glimpses at the lovely natural sanctuary in Carrboro's back yard.

Rain or shine, we'll run 4 to 5 miles. The goal of the outing is to safely guide you off the beaten path and acquaint you with the interior circuits that wind around this very special patch of forest.

Questions? Email Steve Hoge: squonk@mail.trailheads.org Trail Heads - Ordinary Talent / Extraordinary Imagination www.trailheads.org

The Tom Fowler Memorial Trail Run celebrates trails in NC and honors the late Thomas Land Fowler. Tom loved hiking, running and biking NC trails and was an active nature conservancy group supporter. As a native of Chapel Hill, Tom especially enjoyed exploring in his own back yard. Join us to see the beauty beyond your "backyard".